

Thanksgiving for a blessing

28. Introduction. People tend to consider as good events only those that impress memory. But many almost imperceptible pieces of divine help also provide strong support in our lives. If we paid attention to all the blessings we daily receive, we would be surprised at the vast amount and humbled by our ingratitude.

Each night, as we lift our souls to God, we must remember the benefits the Supreme Majesty has allowed us during the day and give thanks for them. Especially at the moment when we feel the divine presence that we should most give thanks. In this case, it is enough raising a thought that attributes the benefit to God without having to interrupt the work.

The divine help goes beyond material things. We should be grateful for all the good ideas that are suggested to us. While the proud give credit to themselves and the unbelievers to chance, the faithful give thanks to the Almighty. For this, long sentences are unnecessary. “Thank you my God for this good inspiration” says more than many words. Spontaneous gratitude bears witness to recognition and attracts the sympathy of advanced spirits.¹

29. Prayer. My God, thank you for your love! I would be unworthy if I attributed this happy success to chance or to my own merit.

Good spirits, who carry out the will of God, and especially you, my guardian angel, I give you thanks. Prevent me from being proud of what I have received, and keep me from using it for evil.

Thanks especially for...

¹ - See chapter 27, items 7 and 8.