

III - PRAYERS FOR OTHERS

Prayer for the afflicted

42. Introduction. Uncomplaining

acceptance, moral strength and thought clarity are key attributes for the afflicted. When one lacks these resources they risk losing the trial and having to go through it again. So, when we ask God to provide resignation, endurance and guidance to the distressed, we help them to carry on.

Our prayer will be unable to shorten the trials that are providential to those who experience them, but it can enlighten minds, mitigate pain and reinforce faith and confidence in the future. We can also support they who go through ordeal by providing them advice and encouragement, as well as material help.¹

43. Prayer. Dear God! Deign to soften the bitter situation of [name(s)]! Please help them in their pain. If, for their good, their ordeal must continue unchanged, then help them to understand the hardship purpose. Allow they to achieve the heart-calming acceptance. Give them guidance for them to see the way, and strength for them to overcome the challenge. Let my friendly thought contribute to their resilience and courage. Please embrace them, my God!

¹ - See chapter 5, items 5 and 27; and chapter 27, items 6 and 10.